

TOPS TIPS FOR THE SUSTAINABLE TRAVELLER



- ✓ Use direct flights wherever possible
- ✓ Offset your flight or choose a mix of offset and 10% sustainable fuel - https://www.pureleapfrog.org/ba/carbon_zero/
- ✓ Use our app to avoid printing your boarding pass
- ✓ Pack less, we have a generous bag allowance to provide you with the best journey possible but every kilo not carried saves. If all our passengers carried just 1kg less, (about the weight of a pair of jeans), we could avoid approximately 30,000 tonnes of CO2 emissions each year!
- ✓ Bring your own cup on board – BA will give you a 15p discount on your hot drinks in Short-haul for doing this
- ✓ Bring your own water bottle – most airports have areas to refill them after security, and BA crews are happy to do so on board. If you use a plastic bottle, ask the flight attendant to refill it from a larger one rather than ask for a new one
- ✓ Use public transport to access the airport or share transport
- ✓ Refuse food you are not planning to eat so that it is not wasted
- ✓ Keep our menus in good shape, so that we can recycle them
- ✓ Leave your amenity kit on the seat if you were provided with one. They will be sent back to a warehouse to be cleaned and reused
- ✓ Only open the blankets you are planning to use. Our blankets are re-washed and re-used. When they reach the end of their time with us on board, they are given to charities to use
- ✓ Help us recycle the headphones. Our crew will collect them at the end of your flights
- ✓ Be kind to the environment once you reach your destination: pick up your waste and limit your usage of disposable items

WHILE YOU'RE THERE

- Continue to switch off and unplug appliances. Turn the air conditioning/ heating off when you go out and don't keep it on all night
- Reuse towels if you are staying in a hotel. Be water conscious
- The local collection system might be different but continue to recycle wherever you can
- Eat local. Buy locally-sourced, seasonal foods
- Where safe to do so – take a refillable water bottle to avoid single use plastic